

Essex Park 5K Freestyle Race  
December 23, 2016  
Overall Finish List

Female Finishers

Place	Name	Team	Bib No	Grade	Total Time
1	Aly Welch	Rochester	833	11	17:30.4
2	Kara Lindberg	Rochester	837	12	19:38.8
3	Lauren Johnson	Winona	840	9	19:41.4
4	Emily Johnson	Winona	832	10	20:01.4
5	Lauren Whyte	Winona	836	10	21:08.6
6	Sarah Broghammer	Winona	856	11	21:55.1
7	Madeline Perry	Rochester	857	9	23:24.8
8	Emily Beguin	Winona	854	8	23:24.9
9	Emily Boettger	Winona	858	12	23:48.6
10	Arianna Werts	Rochester	853	10	23:54.8
11	Martha Burket	Rochester	855	11	24:08.8
12	Jennifer Clark	Rochester	885	11	24:28.2
13	Emma Karsell	Rochester	859	10	24:36.3
14	Fiona Ehling	Rochester	867	10	24:44.7
15	Kayla Siok	Rochester	846	12	24:46.9
16	Kaitlin Miller	Rochester	865	10	26:39.4
17	Lilly Wisniewski	Winona	862	10	27:16.5
18	Celia Napton	Rochester	882	10	28:04.4
19	Annika Zimmer	Rochester	883	12	28:17.7
20	Lillijuana Schneider	Rochester	884	9	28:18.9
21	Natasha Nett	Rochester	887	12	29:11.9
22	Kylie Modjeski	Winona	864	11	29:41.8
23	Paige Sarkaria	Rochester	863	11	29:48.2
24	Allison Kaiser	Rochester	861	11	29:57.4
25	Audrey Schmidt	Rochester	9998	99	30:23.1
26	Abby Owen	Winona	866	11	30:34.9
27	Annika Anderson	Winona	860	10	30:36.8
28	Ann Ruff	Rochester	886	9	31:02.2
29	Ingrid Wilder	Rochester	888	10	32:25.4
30	Emma Williamson	Winona	868	9	33:05.5

Male Finishers

Place	Name	Team	Bib No	Grade	Total Time
1	Anders Braaten	Winona	105	12	16:25.0
2	Logan Swenson	Winona	198	12	16:45.0
3	Sammy Williams	Winona	500	11	17:29.1
4	Noah Schultz	Winona	794	11	17:36.5
5	AJ Poirier	Rochester	496	11	17:44.1
6	Mitchell Ploetz	Winona	799	10	17:50.6
7	Carter Briggs	Winona	815	9	17:59.3
8	Ian Dewey	Rochester	106	12	18:00.9
9	Jackson Winter	Rochester	768	12	18:02.1
10	Jonas Tost	Rochester	796	11	18:15.5
11	Ryan Meyer	Winona	806	9	18:37.9
12	Josiah Eide	Rochester	813	11	18:38.5
13	Duncan Breitlow	Winona	804	11	19:13.4
14	Braden Fritz	Winona	802	10	19:27.1
15	Alex McPhail	Rochester	803	11	19:43.9
16	Kole Koehler	Winona	811	9	19:45.5
17	Owen Ping	Winona	872	7	20:49.2
18	Kristofer Aasen	Rochester	9995	12	21:00.1
19	Isaac Winter	Rochester	809	10	21:27.1
20	Spencer Moore	Rochester	800	11	21:29.6
21	Jacob Haines	Winona	873	10	22:11.2
22	Nathan Marks	Rochester	874	11	22:52.7
23	David Bauer	Rochester	889	99	23:20.5
24	Ryan Schaefer	Rochester	871	11	24:21.7
25	Adrian Brietzke	Winona	870	10	24:47.7
26	Drew Lecheler	Winona	875	10	25:03.9
27	Jonathan DeLone	Rochester	805	12	25:06.3
28	Cooper Klotzbach	Rochester	817	11	25:32.1
29	Benjamin Trantow	Rochester	877	10	25:42.5
30	Will Wisniewski	Winona	879	8	25:43.9
31	Nikolas Aasen	Rochester	9996	10	28:38.7
32	Luke Broghammer	Winona	878	8	29:06.1

Team Summary Report - Girls

Place	Team	Top 4 Places	1	2	3	4	5*	6*	7*
1	Winona	18	3	4	5	6	8	9	14
Top 4 Times: 1:22:46.7									
2	Rochester	20	1	2	7	10	11	12	13
Top 4 Times: 1:24:29.0									

Team Summary Report - Boys

Place	Team	Top 4 Places	1	2	3	4	5*	6*	7*
1	Winona	10	1	2	3	4	6	7	11
Top 4 Times: 1:08:15.6									
2	Rochester	32	5	8	9	10	12	13	14
Top 4 Times: 1:12:02.6									