

# Check-in/Check-out Volunteer Practice Expectations Revision 1

related to RNST COVID-19 plan  
updated 12/30/20

Check in/out volunteers are expected to:

- Wear masks at all times.
- Use this process when checking skiers in and out:
  - Set up cones and signs in parking lot as needed. (This will vary at each park and we're working out details now.)
  - Ensure that skiers line up 6' apart while waiting to check in or out. Skiers will give their name to the check-in/out volunteers, who will mark them off. As they're checked in, volunteers will tell each skier which group they're in and, at beginning of season, tell them to head right to their group's meeting area.
  - At check-in, verify that each skier has their RNST pocket buff on.
  - Make sure that skiers waiting for pickup after practice line up 6' apart.
- Let skiers leave backpacks, keys, etc at the check-in desk as usual, and ask them to handle their own items.
- Support the plan when discussing with parents and skiers.
- Provide feedback to Joan or David if you anticipate or encounter problems when trying to execute the plan.
- If a volunteer has ONE of these symptoms and feels well enough to attend practice, they may do so:
  - sore throat
  - nausea
  - vomiting
  - diarrhea
  - chills
  - muscle pain
  - excessive fatigue
  - new onset of severe headache
  - new onset of nasal congestion
  - runny nose
- If a volunteer has TWO of the above symptoms or ONE of the following symptoms, they must not attend practice, and must be evaluated by a health

care provider.

- fever greater than or equal to 100.4°F
  - new onset and/or worsening cough
  - difficulty breathing
  - new loss of taste or smell
- If a volunteer learns that a skier at practice meets the above criteria, they should notify that skier's coach or Joan Rabe, or David Herbert. If necessary, that skier will be separated from others and asked to leave. Parents of any skier asked to leave will be notified.
  - It will not be possible to check temperatures at practice due to the low air temperatures, so skiers (or their parents), coaches and check-in/out volunteers are asked to check their temperature each day they intend to attend practice.