

## RNST Coaches' end-of-season Meeting Minutes

March 29, 2016

**Attendees:** Darald, Andy, Jeff, Jim, Kristin, Mike, John, Eric, Robb, Peter, Don, Michael, Rich, Barry, Paul, Henry W., Franz, Dave G.,

1. 2016-17 Captains. John R:
  1. John DeLone
  2. Jackson Winter
  
  1. Kara Lindberg
  2. Kaly Siok
2. Statistical review: Darald
  1. Concerns with changes in Lettering requirements. Need to be well communicated.
    - 1.1. **Action (Darald):** Schedule a time with committee members.
3. How are our 15-16 volunteer coaches numbers looking? Do we need to recruit more? Other related team stats. Darald (w/ Kristin's help, has compiled an interesting stat sheet that merits discussion (Darald))
  1. Besides continuing to recruit, invite elite skiers to run “a” practice.
4. A new entry... Items from a recent meeting of Operations Group to inform/discuss tonight (Michael):
  1. David will be head coach for next year
  2. Dryland training will be changed and hopefully less stressful.
  3. **Action (Joe):** agreed to schedule a yoga session for each week of dry land.
  4. **Action (Joe):** Have coaches take responsibility to totally run a dryland practice.
  5. **Action (??):** Shift season start and end by a week.
  6. Lettering criteria will be revisited. Item 2 above.
  7. **Action(Kristin / Dave H):** Groups will be named beginner/sport/comp
  8. Discussed adding additional ski camp (Elm Creek, Hyland Park or Theodore Wirth) in December?
  9. Is there technology out there that we should purchase to help make the season go easier?
5. Rochester Invite Report from Mike T. Any summary info? (and John R in an advisory role)
  1. Overall went very well, and appreciate all the help.
6. Captains Liaisons Report. Any news? – Don P
  1. Gave captains the gift cards from RNST as a thanks for their service.
  2. Season went well
7. Comm-Ed elementary school classic ski class recap. Don P
  1. 24 skiers. Good participation with no drop outs.
  2. Five or six HS skier coaches.
  3. Next year, hold a weekend ski session and make a family event.
8. 2016-17 Team Calendar.

- Tuesday, September 20, 2016 pre-season coaches meeting.
- Monday, November 7, 2016 parent-skier-coach signup meeting.

11. Meeting adjourned.